

Ethno-Cultural Seniors Programmes and Services

January 1 to March 31, 2007

All Satellite Services Closed January 1, 2007. Programmes re-open January 2, 2007, where indicated.

For More Information Please Contact Saadia Akram-Pall, 416-745-0062

Service Group	Service Location	Days and Times
Punjabi Senior Men's Group	North Kipling Community Centre 2 Rowntree Road	Mondays 1:00 to 3:00 p.m.
Gujarati Senior's Group	Elmbank Community Centre 10 Rampart Road	Mondays 10:00 a.m. to 12 noon
Italian Senior Women's Group	North Kipling Community Centre 2 Rowntree Road	Tuesdays 1:00 to 3:00 p.m.
Punjabi Senior Men's Group	North Kipling Community Centre 2 Rowntree Road	Tuesdays 1:00 to 3:00 p.m.
Afghan Seniors' Group	Rexdale Women's Centre 23 Westmore Drive, Suite 400	Every other Wednesday of the month 10:00 a.m. to 12 noon
Spanish Seniors' Group	Rexdale Women's Centre 23 Westmore Drive, Suite 400	Every other Wednesday of the month 10:00 a.m. to 1:00 p.m.
Punjabi Senior Men's Group	North Kipling Community Centre 2 Rowntree Road	Thursdays 2:30 to 3:30 p.m.
Italian Women's Happy Group	North Kipling Community Centre 2 Rowntree Road	Thursdays 10:00 a.m. to 1:00 p.m.
Pakistani Senior Men's Group	Gord & Irene Risk Community Centre 2650 Finch Avenue West	Thursdays 9:30 to 11:45 a.m.
Pakistani Senior Women's Group	Gord & Irene Risk Community Centre 2650 Finch Avenue West	Thursdays 11:30 a.m. to 1:00 p.m.
Punjabi Senior Men's Group	North Kipling Community Centre 2 Rowntree Road	Fridays 1:30 to 3:30 p.m.
Punjabi Senior Women's Group	R.J. Smith (Auditorium) 121/101 Kendleton Drive	Fridays 2:30 to 4:30 p.m.
Tamil Seniors Group	North Kipling Community Centre 2 Rowntree Road	First and Last Saturday of the month 10:00 a.m. to 12:00 p.m.
Ghanaian Seniors Group	Rexdale Women's Centre 23 Westmore Drive, Suite 400	Every other Friday of the month 10:00 a.m. to 12:00 p.m.
Former Yugoslavian Seniors Group	Rexdale Women's Centre 23 Westmore Drive, Suite 400	Every other Friday of the month 10:00 a.m. to 12:00 p.m.
Fitness Classes	Albion Library 1515 Albion Road All Seniors	Thursdays 10:00 a.m. to 12 noon
	Punjabi Women's Fitness R.J. Smith	Fridays 2:30 to 4:30 p.m.
Seniors' Walking Club	Albion Mall 1530 Albion Road	Thursdays 8:45 to 9:30 a.m.
Intergenerational Computer Classes	Albion Library 1515 Albion Road	Thursdays 4:00 to 6:00 p.m. (Programme runs for 6 weeks)
English as a Second Language Class for Ethno-cultural Seniors	Thistleton Multi-service Centre 925 Albion Road, Suite 207	Saturdays 9:00 a.m. to 12:00 p.m.