Rexdale Women's Centre

Annual Report 2021-2022





This year marks our 40th year of incorporation and 44 years of service in the community. Quite a milestone to achieve! Looking back at our start and beginnings, we have remained true to our mission of supporting women and their families to become fully participating members in Canadian society. Our vision is for our clients to effectively settle and integrate into Canadian society and to live happy, safe, healthy, and socially engaged lives, and to be honoured and respected for who they are regardless of their background.

When we started our 2021-2022 fiscal year, Rexdale Women's Centre was well positioned to weather any of the challenges we faced, whether brought on by the ever-changing pandemic or world events impacting us in our communities. We reflected on mission and vision to ensure our service delivery models were strong and viable.

Throughout the past year we continued our goal to be proactive and be a vibrant and resilient leading organization in our community. We ensured that our programs supported our clients who were faced with financial and food insecurity, as well as personal health and emotional and physical safety insecurities. Our program delivery models adapted with the changing world in tandem with our clients' needs.

In Fall 2021, we re-introduced in-person services and continued to expand our group activities. We created procedures for staff and client safety and followed public health guidelines and measures. The pandemic deepened isolation and many individuals were and are struggling with mental health challenges. Rexdale Women's Centre has been working over the last 5 years to improve our mental health and trauma informed capacity of our staff. As the final phase of this goal, we expanded our mental health supports to our clients by having two staff working with newcomers on mental health promotion and ensuring access to services and resources. We introduced Canadian citizenship workshops and testing sites, adapted our violence against women and girls' programs and expanded our employment support program for visible minority women. We worked with community partners to promote COVID testing and started a new vaccine community engagement awareness program.

Organizationally, we further developed our culture, infrastructure, and long-term sustainability. We completed our 3-year strategic plan and adopted gender-based analysis plus framework for program delivery and operations. We updated our succession plan for critical staff positions and undertook equity and anti-racism review with our staff.

As part of investing in Board and staff development to improve on client outcomes we conducted training with staff to improve digital fluency. We trained our staff to be better informed on our mental health policies and procedure utilizing a trauma informed approach when working with clients. We delivered training on our gender-based analysis plus framework. We improved our board of directors' skills matrix and culture review document so that skills and cultural representation gaps are addressed.

Lastly, and most importantly, we continue to advocate for our clients' access to resources and services to address the many challenges they face because of the pandemic, employment downturn and/or immigration. This is achieved by our participation in many networks, coordinated services groups and coalitions.

In closing, we thank you for continued support and we look forward to our continued many more successes and achievements.

and

Sabina Filipescu Chairperson-President



Fatima Filippi
Executive Director



Chairperson:

Sabina Filipescu

Vice-Chairperson/ Treasurer: Valentina Vaguengueim

Secretary:

Florentina G. Stancu-Soare

Directors:

Hamdi Jimale Elena Kaminsky

Asvini Keerawella

Abby Lee

Ankita Mahesh

Tina-Marie Nairne

Lara Roccatani



Financial Security

Helping our clients to achieve employment and financial security

Employment and Labour Market Integration Services

- · Short-term supportive counselling
- Employment support groups for women
- · Employment and career counselling
- Labour market integration support on labour market, starting own business, funding to support entry or re-entry into the labour market, resumé preparation, cover letter and job search preparation



Economic Independence: **303 Clients Served**

Community Volunteer Income Tax Program Income Tax Clinics: 189 income tax filed

The program is a collaboration between community organizations and the Canada Revenue Agency that helps individuals with modest to low income and simple tax situation by preparing their income tax and benefits free of charge. Rexdale Women's Centre hosted tax preparation clinics and arranged for volunteers to prepare tax returns.

Women's Employment Resource Centre (W.E.R.C.)

Supporting visible minority newcomer women to succeed in the Canadian labour market.

- · Pre-employment counseling
- Employment opportunities, occupational essentials skills training, networking, internships, mentorships, work placement and preparation for the credential assessment process
- Skills, interests, and values through self-assessment
- · Research and explore possible careers
- · Understand and explore labour market

"Staff were cheerful and taught us important employment skills."

"Thank you so much for guiding me with all the necessary skills to deal with job search and personal stress."

- Develop an employment action and/or career decision, finding training and education options
- Information on funding that may be available to train – and re-train – in a new occupation
- Start own business
- Support to prepare resumé cover letter
- Job search support, interview support, resume writing, preparing for job interviews

Number of W.E.R.C. Clients Served: **162**

Sense of Community

Helping our clients to build a sense of community and belonging



Community Engagement, Civic Participation, Leadership and Volunteering

- Support groups: cooking club, movie night
- English conversation circles
- Community kitchen
- · Family March break and summer camps
- Befriending and matching newcomers with established residents
- Newcomer youth support
- Health and wellness program: light physical activities, nutrition and mental well-being
- Yoga programs for youth and new moms
- Volunteer recruitment, training and placement: 203 volunteers contributed 13,296 hours

670 Clients Served

Community Reduce-Reuse Program – Sharing-Reuse and Learning Centre:

- Love Food Hate Waste
- Food hamper and clothing delivery

Food Security: 671 received food hampers

 Children's after school and summer camps

- · Community garden and composting
- · Household items and clothing exchange
- Small appliance repairs
- Small appliance repair training for youth

Special Events & Activities:

Black History Month Celebration International Women's Day South Asian Heritage Month Celebration Seniors' Month Celebration Trips to Local Toronto Parks Canada Day Celebration



Building Self-Confidence

Helping our clients to build necessary skills and self confidence



Support for Women and Families

Number of Clients Served: 544

- Parenting and family supportive counselling
- Nobody's Perfect parenting groups
- Eating for Two nutrition program and Feeding with Love information support

Children's Services Number of Clients Served: 372

- Care for newcomer children English language instruction
- · Preschool and school readiness programs
- Family drop-in summer camp
- Squiggle Park Pilot
- Pyramid Project

"I enjoyed the various activities that were incorporated into learning about parenting. I loved that it was such a warm, welcoming, and safe space. The participants were free to share their experience and learning."

Seniors' Services

Number of Clients Served: 347

- · Seniors' yoga
- Ethno-cultural seniors support
- · Outreach to seniors over of the phone
- · Workshops for seniors
- Ethno-cultural seniors support
- · Seniors' Month Celebration

Youth Settlement and Support Services

Number of Clients Served: 395

- Settlement and orientation support
- Self-esteem building
- · Leadership and conflict resolution
- · Education and career planning support
- · Employment support
- Recreational and health and wellness activities

- Mentorship
- · March Break and summer camps
- · Community service hours and volunteering
- · Youth clubs
- · Youth council

Newcomer Settlement Services

Number of Clients Served: 5,282

- Information and orientation
- · Referral and access to services
- · Translation and interpretation
- Crisis support
- Newcomer workshops and information sessions
- Settlement Services in Language (SSIL)
- Library Settlement Program (LSP)
- English Language Instruction for Newcomers to Canada (LINC)
- Citizenship preparation workshops and testing centre sites for eligible clients

Safety from Violence and Abuse

Helping our clients to live a life free of violence

"The women's support groups really helped me go through my separation with my abuser. It made me feel that I was not alone, as well as I learned from others that have gone through a similar situation how they overcame their challenges."

Violence Against Women and Girls and Crisis Intervention

Number of Clients Served: 689

- Domestic violence support and crisis counselling
- Medical and legal referrals and client accompaniment
- Support and healing groups for women on domestic violence
- Anti-human trafficking of vulnerable women
- Syrian Refugee Initiative: workshops and support groups

Violence Prevention

Number of Clients Served: 354

- Partner assault response program groups
- Partner assault response program spousal contact

Special Events and Activities:

Take Back the Night Women's History Month National Day of Remembrance and Action on Violence Against Women

Systems and Social Change

Working with institutions and service providers to affect social and systems change so that our clients achieve equitable access and become empowered

- Toronto West Local Immigration Partnership
- Ontario Council of Agencies Serving Immigrants: Mental Health Promotion for Newcomers
- North Etobicoke Community Cluster
- North Etobicoke Food Security Committee
- North Etobicoke Mental Health Committee
- · North Etobicoke Engagement Equity
- North Etobicoke Vaccine Engagement
- Donation of gift cards, food, and laptops

RWC Condensed Financial Statements 12-Month Period Ending March 31, 2022

REVENUES	2021-2022	2020-2021
Government	\$ 3,875,312	\$ 3,765,004
Private Sector	628,564	565,193
Other	175,020	125,002
Capital Contributions from funders (net)	65,508	(78,805)
Total Revenues	\$ 4,744,404	\$ 4,376,394
EXPENSES		
Salaries & Benefits	\$ 3,691,468	\$ 3,502,712
Operating and Programme Expenses	505,973	354,094
Building Occupancy	457,865	493,594
Total Expenses	\$ 4,655,306	\$ 4,350,400
Excess Of Revenues Over Expenses	\$ 89,098	\$ 25,994

These statements are condensed from the full version prepared by Berman, Lofchick & Lum, LLP Chartered Accountants.

A full copy of the audited financial statement is available upon request.

Our Mission

At Rexdale Women's Centre, we support immigrant, refugee and newcomer women and their families to become fully participating members in Canadian society. As a leader in our sector, we enhance our clients' self-sufficiency and competence by providing essential services and facilitating access to community resources.

Our Vision

Our vision is for immigrant, refugee and newcomer women and their families to effectively settle and integrate into Canadian society. We are committed to working with our clients to be self-sufficient and financially secure. They will live happy, safe, healthy and socially engaged lives in which they are honoured and respected for who they are regardless of their background.

39,628

Total Number of Services Delivered in 2021-2022

8,715

Total Number of Individual Clients Served in 2021-2022



Rexdale Women's Centre gratefully acknowledges our financial supporters and donors.

Funders

Government of Canada

Department of Women and Gender Equality Employment Social Development Canada – Canada Summer Jobs

Immigration, Refugee and Citizenship Canada

Government of Ontario

Ministry of the Attorney General Ministry of Children, Community and Social Services

- Office of Women's Issues

Ministry of Labour, Training and Skills Development – Citizenship Division

Municipal

City of Toronto

Public Sector

United Way Greater Toronto

Foundation

Ontario Trillium Foundation – Rexdale Youth Mentorship Project

Other

Brighter Futures Coalition

Families Canada

Private Donors

Bronze

A Life with Friends

Abby Lee

Alan Rosenthal

Ankita Bhardwaj Mahesh

Aarsh Trivedi

Charles and Anne Campisi

Christine Ganesh

Florentina G. Stancu-Soare

Hamdi Jimale

Jennifer Di Francesco Katherine Raymond

Lara Roccatani

Martin Grove United Church

Sabina Filipescu

Terrence Shaw
Tina-Marie Nairne

Valentina Vaguenqueim

Bettina Maria Klug

PayPal (private donors)

The Canadian Online Giving Foundation

Silver

CP24 CHUM

Toronto Foundation: Clayton Gyotoku Fund Youth and Philanthropy Initiative Canada

Gold

BAASS Business Solutions

TD Canada Trust

Eleanor Bernice Mitchell Allen

Platinum

Toronto Foundation: Cornelis van de Graff and Terrence Clarkson Foundation

Donations in Kind and Gift Cards

Afri-Can Food Baskets
Africa Climate Action Initiative

Alicia Brimo

All Nations International Development Agency

Blossom Chinuba Celesie Palanca Christine Misquitta

CP24 Chum Christmas Wish

Frances Misquitta

Gina Kim

Holiday Helpers

Impact Food Centre

Kitchen 24

Mukeshni Naidu

Shoe Box Project

TD Canada Trust

TELUS

Toronto North Christadelphian Church-

Jacqueline Pendyk

Toronto Region Conservation Authority

Toronto Star Santa Claus Fund

ULS Corporate

United Way Greater Toronto - Gifts in Kind Value Village Vicky Mathias

Service Partners

African Climate Initiative
Ahmadiyya Board of Peace
Albion Neighbourhood Services
Burnhamthorpe Adult Learning Centre
CMAS- Childminding Monitoring Advisory
and Support

Delta Family Resource Centre
Ernestine's Women's Shelter

The Etobicoke Brighter Futures Coalition

Families Canada

FoodShare

The George Hull Centre for Children and Families

George Weston Limited Humber Employment Centre

iMpact Center Foundation

Inspire Eats

Jane and Finch Community and Family Services

North York Harvest Food Bank

Ontario Council of Agencies Serving Immigrants

Rexdale Community Health Centre

Rexdale Community Hub

Rexdale Community Legal Clinic

Rexdale Employment and Resource Centre

TARIC Islamic Centre

Toronto Cycle

Toronto Employment and Social Services:
Attwell I ocation

Toronto Public Health

Toronto Public Library: Albion, Rexdale and Richview branches

Toronto Public Health Department

Woodgreen Community Services (JobStart)
-Toronto West Local Immigration
Partnership

YMCA – Language Training Assessments YWCA – Bergamot Apartments

Service Collaborators

Al-Arab Community Centre Albion Neighborhood Services Barbra Schlifer Commemorative Clinic Braeburn Neighborhood Centre B.W. Fleming Public School Canadian Mental Health Association Canada Revenue Agency - Income Tax Program Catholic Crosscultural Services Central Library Mississauga Children's Aid Society - Etobicoke Branch Children's Aid Society - Peel Region **COSTI Employment Services** Delta Family Resource Centre Dixie Bloor Neighborhood Centre EarlyON and Family Centre **Emery Collegiate Institute Etobicoke North Probation and Parole Office** Evergreen College

Halton Multicultural Council

Humber College

International Muslim Organization-Rexdale

MIAG-Centre for Diverse Women and Families

Mississauga- Central Library

North Kipling Community Centre

Ontario Council of Agencies Serving Immigrants

Peel District School Board: B. W. Fleming Public School

Polycultural Immigrant and Community
Services

Punjabi Community and Health Services Service Canada

Syrian Canadian Foundation

Toronto Catholic District School Board: St. Maurice Catholic School

Toronto District School Board: Daystrom Public School, Highfield Junior Middle School, Kingsview Village Junior School

Toronto District School Board LINC: Brookview LINC site

Toronto Employment and Social Services

Toronto Fire Department

Toronto Parks and Recreation: Elmbank, Gord and Irene Risk, Humberwood, North Kipling, Kingsview Village

Toronto Public Health

Toronto Public Library: Humberwood, Albion, Rexdale, and Richview

Victim Services Toronto

Working Women Community Centre YWCA



Where to find us:

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