

REXDALE WOMEN'S CENTRE ANNUAL REPORT 2022-2023





66,916

Total Number of Services Delivered in
2022-2023



10,812

Total Number of Individual Clients Served in
2022-2023



2023 marks 45 years that the Rexdale Women's Centre has successfully served the community of North Etobicoke.

True to our mission and history, this past year, we continued to transform, to innovate, to collaborate and to advocate. As we look back on our history from a small to a mid-size organization, our growth and development have operated in tandem with the clients we serve. Our capacity to grow and innovate are a product of our clients' support and trust in the organization.

In spring 2022, we transitioned back to the office, while continuing to innovate in delivering hybrid and online services for our clients. Our staff and clients adapted to new technologies and new services streams, and our impact on the lives of clients is evident. We served **10,812** individual clients, a **24%** increase from the previous year. This goal was achieved by the hard work of our dedicated staff and volunteers.

Rexdale Women's Centre has been busy introducing new programs. This past year we entered into two innovative partnership ventures outside of our catchment area and across provinces. We partnered

with another local women's organization, Working Women Community Centre and York University-Schulich School of Business to assist newcomer and immigrant women to acquire digital literacy skills as well as obtaining project management certificate. The second partnership, an inter-provincial project: Pre-employment and Skills Development Support for Racialized Immigrant Women Program, we partnered with three other women's organizations in Calgary, Regina and Saskatoon. The partnership led by Calgary Immigrant Women's Association, is a multi-year project providing racialized immigrant women with in-class training in the service sector as well as placement opportunities for hands on training and wrap around supports for childcare and transportation. Both partnerships create new opportunities for our clients to improve their financial security and self-sufficiency. Most importantly, these projects build our organization's capacity to work beyond our borders to have local impact.

As part of our people and culture development, training and professional development of our staff and board were important. This past year, staff participated in more than 100 training opportunities. We also focussed on improving

the skills of our board of directors. We worked very closely with consultants to develop, and deliver training on gender-based analysis+, anti-racism, Indigenous education and mental health self-care for staff. As part of the Gender-Based Analysis+ training, we adopted gender-based+ framework for program delivery and operations.

Our staff and board participated in equity, diversity, inclusion and anti-racism training and education. As the next step in our mental health-wellness journey, our staff participated in mental health-wellbeing workshops in order to promote self-care. Staff participated in training sessions to better understand personal mental health self-care, strategies to identify burnout and how to manage stress and to support wellbeing, and to understand how gender and race impact mental health. Our Indigenous training and education assisted the staff and the organization to improve Indigenous knowledge, and understanding of the impacts of colonialization, residential schools, and the impacts on Indigenous peoples in Canada.

As part of our advocacy work, Rexdale Women's Centre's staff participated in coalitions and networks to address food insecurity, community mental health and wellbeing, community development and civic participation, and improving service access for immigrants and newcomers and addressing violence against women and the employment barriers experienced by racialized women. We will continue to advocate for our clients' needs as an integral part of our work.

Lastly, we thank you for your continued support and we look forward to the continued partnership we have fostered over the last 45 years.

Sabina Filipescu and
*Chairperson-
President*



Fatima Filippi
Executive Director



Board of Directors

Chairperson/President:
Sabina Filipescu

Vice-Chairperson:
Valentina Vaguengueim

Treasurer:
Abby Lee

Secretary:
Florentina G. Stancu-Soare

Directors:
Ankita Bhardwaj Mahesh
Hamdi Jimale
Elena Kaminsky
Asvini Keerawella
Tina-Marie Nairne
Lara Roccatani

Our Mission

At Rexdale Women's Centre, we support immigrant, refugee and newcomer women and their families to become fully participating members in Canadian society. As a leader in our sector, we enhance our clients' self-sufficiency and competence by providing essential services and facilitating access to community resources.

Our Vision

Our vision is for immigrant, refugee and newcomer women and their families to effectively settle and integrate into Canadian society. We are committed to working with our clients to be self-sufficient and financially secure. They will live happy, safe, healthy and socially engaged lives in which they are honoured and respected for who they are regardless of their background.



Financial Security

Helping our clients to achieve employment and financial security

I would like to thank you for all the support and guidance you have given me to build my resume. Information regarding the job fairs and providing me the opportunity to apply for the desired job position. Sending me the link for various positions available to apply. Helping me to prepare for my interview and taking mock interviews to build my confidence. Looking forward for more opportunities. Thankfully, Jaimala

Labour Market Integration:

Employment and Labour Market Integration Services

Clients Served: 342; Services 1,972

- Short-term supportive counselling
- Employment support groups for women
- Employment and career counselling
- Labour market integration

Economic Independence:

These programs assist and prepare women to enter or re-enter the labour market or to seek out further training and education.

Women's Economic Self-Sufficiency

Clients Served: 715; Services 2,873

Women's Employment Resource Centre (W.E.R.C.):

Supporting visible minority newcomer women to succeed in the Canadian labour market.

Clients Served: 334; Services 1,633



“This program helped me a lot with my confidence and gave me more courage. Thank you so much Semran & Ayesha, for your good efforts. I really appreciate having this program because as a newcomer it was very hard to get any job opportunities, but this program allowed me to gain new skills and experience.”-Nidhi Garg

Both programs offer the following services:

- Pre-employment counselling
- Employment opportunities, occupational essentials skills training, networking, internships, mentorships, work placement and preparation for the credential assessment process
- Skills, interests, and values through self-assessment
- Research and explore possible careers
- Understand and explore labour market
- Develop an employment action and/or career decision, finding training and education options
- Information on funding for training, and re-training in a new occupation
- How to start own business
- Support to prepare resume - cover letter
- Job search support, interview support, resume writing, preparing for job interviews

Community Volunteer Income Tax Program

196 income taxes filed



Digital Literacy and Project Management Employment Training for Women

Clients Served: 152; Services 367

Rexdale Women's Centre partnered with Working Women Community Centre (WWCC) and Schulich Executive Education Centre at York University (SEEC) to deliver a comprehensive set of skills development activities for unemployed or underemployed immigrant women. The project increases economic participation and sustainable living wage work, creating an opportunity for the women to enhance and apply their skills in the local economy. Participants earned digital credentials from SEEC in 2 in-demand areas: Digital Fluency and Project Management. Participants also received employment training, wrap-around supports and soft skills development and support to increase their employability.

Pre-Employment and Skill Development for Racialized Immigrant Women Program

Clients Served: 159; Services 524

Rexdale Women's Centre partnered with Calgary Immigrant Women's Association (lead), Global Gathering Place and Regina Women's Centre to test customized pre-employment and skills development supports as well as workplace inclusivity models and strategies with targeted service employers based on the unique needs of immigrant women from racialized communities who have experienced prolonged detachment from the labour force. The project also includes sharing strategies and resources, skills training for racialized immigrant women, providing networking events with employers, job placement and supports to employers for inclusive hiring.

Tigist joined the Pre-Employment and Skills Development for Radicalized Immigrant Women Program at a time when her hopes were at her lowest. With her confidence shattered and a decade-long work hiatus due to mental health issues, Tigist embarked on a journey of self-discovery and growth through this program. Through this training, she picked herself up again as it provided her with the knowledge and skills that helped her succeed in her work placement and get a job. It allowed her to realize her potential again and push herself to learn new skills. It also helped her be in a better state of mind and improved her mental health as she was able to share her thoughts and feelings with someone without feeling a sense of judgment. The different sections of the training including the instruction portion, one-on-one counselling and additional certifications provided her with the opportunity to enhance her skills and motivated her to take on new opportunities with a positive approach. Tigist has successfully landed a job in a field that she loves and was passionate about. She has become stronger than ever and continues to seek more opportunities and build herself up again.

Sense of Community

Helping our clients to build a sense of community and belonging



Community Engagement, Civic Participation, Leadership and Volunteering

Clients Served: 413

- Support groups: cooking club, movie night
- English conversation circles
- Community kitchen
- Family March break and summer camps
- Befriending and matching newcomers with established residents
- Newcomer youth support
- Health and wellness program: light physical activities, nutrition and mental well-being
- Yoga programs for seniors, youth and new moms
- Volunteer recruitment, training and placement: **305 volunteers contributed 15,583 hours**

Citizenship Preparation and Testing Site

- 90 workshops were held and 756 participants attended. 65% successfully passed and attained Canadian citizenship.

Community Reduce-Reuse Program – Sharing-Reuse and Learning Centre

Clients Served: 950

Activities include online workshops of Reduce-Reuse-Recycle, repairs of small appliances, clothing exchange, ways to minimize food waste, summer camp for youth on 3Rs, community garden and composting.

- Small Appliance Repair: 103 items repaired
- Bike Repair: 207 bikes repaired
- Clothing – Small Items Exchange: 982 Kg diverted from landfill

Special Events & Activities:

- Black History Month Celebration
- International Women’s Day
- Asian Heritage Month Celebration
- Seniors’ Month Celebration
- Trips to Local Toronto Parks and Tourist Destinations
- Canada Day Celebration
- National Day for Truth and Reconciliation
- Back to School
- Harvesting Event



Building Self-Confidence

Helping our clients to
build necessary skills and
self confidence



Support for Women and Families

Clients Served: 630; Services 996

- Parenting and family supportive counselling
- Nobody's Perfect parenting groups
- Eating for Two nutrition program and Feeding with Love information support

Children's Services

Clients Served: 541; Services: 826

- Care for Newcomer Children – English language instruction – homework support
- Preschool and School Readiness programs
- Online Family Drop-in Summer Camp

“I have been coming to the School Readiness Program with my 3-year-old son since September 2022...The teachers always greet everyone with a big smile and the atmosphere in the room is very friendly and inviting. Truly this program has impacted my life in a way that I cannot thank RWC enough!” (Parent XY)

Newcomer Settlement Services

Clients Served: 6,418; Services: 23,326

- Information and orientation
- Referral and access to services
- Translation and interpretation
- Crisis support
- Newcomer workshops and information sessions
- Settlement Services in Language (SSIL)
- Library Settlement Program (LSP)
- English Language Instruction for Newcomers to Canada (LINC)

Mental Health Support Services

Clients Served: 597; Services: 2,287

- Short-term Individual support
- Group support
- Information sessions/workshops
- Referrals to appropriate community resources

Youth Settlement and Support Services

Clients Served: 389; Services: 4,189

- Settlement and orientation support
- Self-esteem building
- Leadership and conflict resolution
- Education and career planning support
- Employment support
- Recreational and health and wellness activities
- Mentorship
- March break and summer camps
- Community service hours and volunteering
- Youth clubs
- Youth council

Seniors' Services

Clients Served: 401; Services: 6,527

- Seniors' yoga
- Ethno-cultural seniors support
- Outreach to seniors over of the phone
- Workshops for seniors
- Ethno-cultural seniors support
- Seniors' Month Celebration

Safety from Violence and Abuse

Helping our clients to live a life free of violence

Special Events and Activities:

- National Day of Remembrance and Action on Violence Against Women: 70 individuals
- Take Back the Night: 50 Individuals
- Women's History Month: 70 Individuals
- Victims of Crime Awareness Week: 31 Individuals

Violence Against Women and Girls and Crisis Intervention

Clients Served: 737; Services: 1,677

- Domestic violence support and crisis counselling
- Medical and legal referrals and client accompaniment
- Support and healing groups for women on domestic violence
- Anti-human trafficking of vulnerable women

Violence Prevention – Partner Assault Response Program (PAR)

Clients Served: 637

PAR Males: Clients Served: 331; Services 2,387

PAR-Intimate Partner Violence-Victims:

Clients Served: 306; Contacts 839

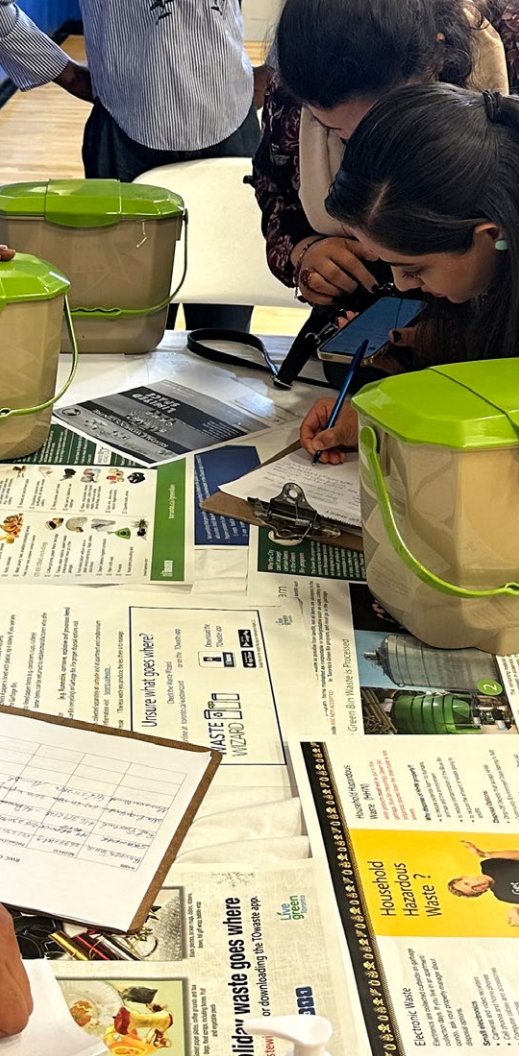
Equitable Access

Working with institutions and service providers to affect social and systems change so that our clients achieve equitable access and become empowered



- Toronto West Local Immigration Partnership
- Ontario Council of Agencies Serving Immigrants: Mental Health Promotion for Newcomers
- North Etobicoke Community Cluster
- City of Toronto Community Cluster
- North Etobicoke Food Security Committee
- North Etobicoke Engagement Equity
- North Etobicoke Vaccine Engagement
- Donation of gift cards, food and laptops





Rexdale Women's Centre gratefully acknowledges our financial supporters and donors.

Funders

Government of Canada
Department of Women and Gender Equality
Employment Social Development Canada
– Canada Summer Jobs
Immigration, Refugee and Citizenship
Canada

Government of Ontario
Ministry of the Attorney General
Ministry of Children, Community and Social
Services – Office of Women's Issues
Ministry of Labour, Training and Skills
Development – Citizenship Division

Municipal

City of Toronto

Public Sector

United Way Greater Toronto

Foundations

Ontario Trillium Foundation – Rexdale Youth
Mentorship Project
Canadian Women's Foundation
Toronto Foundation

Other

Brighter Futures Coalition
Families Canada

Private Donors

Bronze
Basmah Ahmed
Dorothy Garfinkel
Elena Kaminsky
Hamdi Jimale
Jean Pulik
Lara Roccantani
Robert White
Terrence Shaw
Thulasi Thedchanamoorthy

Silver

Abby Lee
Alan Rosenthal
Claire Freeman
CyberGrants – TD Bank Groups
CP24 CHUM
Elizabeth Bohnen
Florentina G. Stancu-Soare
Goldie Schlanger

Lisa and Mark Freeman
 Martin Grove United Church
 Monica De Souza
 Natasja VanderBerg
 Raquel Thomas
 Rebecca Rabinovitch
 Sandra Pate
 Sueland Moving & Storage Inc.
 Susan Copeland
 Tina-Marie Williams
 Valentina Vaguengueim

Gold

Canada Helps-Donations
 Toronto Foundation: Clayton Gyotoku Fund
 Toronto Foundation: Informative Venture Partners

Platinum

Toronto Foundation: Cornelis van de Graaff and Terrence Clarkson Foundation

Donations in Kind and Gift Cards

Afri-Can FoodBasket
 Councillor Vincent Crisanti
 CP24 Chum Christmas Wish
 McMaster University
 Monsignor John Corrigan Catholic School
 QE Home
 The Shoebox Project
 Starbucks
 TD Canada Trust

Service Partners

Achev
 African Climate Action Initiative
 Ahmadiyya Board of Peace
 Albion Neighbourhood Services
 Burnhamthorpe Adult Learning Centre
 Calgary Immigrant Women's Association
 CMAS - Childminding Monitoring Advisory and Support
 Cycle Toronto
 Delta Family Resource Centre
 Ernestine's Women's Shelter
 The Etobicoke Brighter Futures Coalition
 Families Canada
 FoodShare
 The George Hull Centre for Children and Families
 George Weston Limited
 Humber Employment Centre
 Immigrant Employment Council of BC - Facilitating Access to Skills Talent - FAST Program
 Jane and Finch Community and Family Services
 North York Harvest Food Bank
 NPower Canada
 North Etobicoke Cluster
 Ontario Council of Agencies Serving Immigrants
 Rexdale Community Health Centre
 Rexdale Community Hub
 Rexdale Community Legal Clinic

Rexdale Employment and Resource Centre
 Toronto District School Board - LINC School: Kenton, Albion, and Rexdale
 Toronto Employment and Social Services: Attwell Location
 Toronto Public Health
 Toronto Public Library: Albion, Rexdale and Richview Branches
 Toronto Public Health Department
 Woodgreen Community Services -Toronto West Local Immigration Partnership
 YMCA – Language Training Assessments
 YWCA – Bergamot Apartments
 York – Schulich School of Business Executive Education Centre
 Working Women Community Centre
 Women Entrepreneurship Knowledge Hub

Service Collaborators

Al-Arab Community Centre
 Albion Neighborhood Services
 Barbra Schlifer Commemorative Clinic
 Braeburn Neighborhood Centre
 B.W. Fleming Public School
 Canadian Mental Health Association
 Canada Revenue Agency – Income Tax Program
 Catholic Crosscultural Services
 Central Library-Mississauga
 Children's Aid Society -Etobicoke Branch
 Children's Aid Society- Peel Region
 COSTI- Employment Services

Delta Family Resource Centre
Dixie Bloor Neighborhood Centre
EarlyON and Family Centre
Emery Collegiate Institute
Etobicoke North Probation and Parole Office
Evergreen College
Halton Multicultural Council
Humber College
International Muslim Organization-Rexdale
MIAG-Centre for Diverse Women and Families
Mississauga Central Library
North Kipling Community Centre
Ontario Council of Agencies Serving Immigrants
Peel District School Board: B. W. Fleming Public School
Polycultural Immigrant and Community Services
Punjabi Community and Health Services
Service Canada
Syrian Canadian Foundation
Toronto Catholic District School Board: St. Maurice Catholic School
Toronto District School Board:
Daystrom Public School, Highfield Junior Middle School, Kingsview Village Junior School
Toronto District School Board LINC:
Brookview LINC site
Toronto Employment and Social Services
Toronto Fire Department

Toronto Parks and Recreation:
Elmbank, Gord and Irene Risk,
Humberwood, North Kipling, Kingsview Village
Toronto Public Health
Toronto Public Library: Humberwood, Albion, Rexdale, and Richview
Victim Services Toronto
Working Women Community Centre
YWCA

Employer Supporters

Albion Foot Clinic
Ahluwalia Law Firm
C & J Authentic Jamaican Cuisine
Canadian Tire (Albion)
Concord Glazing Systems
Loan 4 Payday Cheque Cashing
Law Office of Ramesh Patel
Pizza Nova
The Salvation Army (Kipling)
Shoppers Drug Mart (Islington)
TELUS Wireless System Solutions (North York)



Condensed Financial Statements

12-Month Period Ended March 31, 2023

REVENUES	2022-2023	2021-2022
Government	\$ 3,956,053	\$ 3,875,312
Private Sector	527,239	628,564
Other	558,789	175,020
Capital Contributions from funders (net)	48,450	65,508
Total Revenues	\$ 5,090,531	\$ 4,744,404
EXPENSES		
Salaries & Benefits	\$ 3,939,797	\$ 3,691,468
Operating and Programme Expenses	550,708	505,973
Building Occupancy	536,671	457,865
Total Expenses	\$ 5,027,176	\$ 4,655,306
Excess of Revenues Over Expenses	\$ 63,355	\$ 89,098

These statements are condensed from the full version prepared by Berman, Lofchick & Lum, LLP Chartered Accountants.

A full copy of the audited financial statement is available upon request.



Where to find us:

925 Albion Road
Suites 207 and 309
Etobicoke, ON M9V 1A6

21 Panorama Court
Suites 1300 and 2300
Etobicoke, ON M9V 4E3

RWC-Youth Hub
222 Dixon Road
Suites 302-303
Etobicoke, ON M9P 3S5

RWC Sharing-Reuse and
Learning Centre (CRRP)
2667 Kipling Avenue
Unit B107
Etobicoke, ON M9V 4N4

Email: info@rexdalewomen.org

Website: www.rexdalewomen.org

Facebook: [rexdalewomenscentre](https://www.facebook.com/rexdalewomenscentre)

Instagram: [@rexdalewomenscentre](https://www.instagram.com/rexdalewomenscentre), [@crrp__rwc](https://www.instagram.com/crrp__rwc), [@rexdaleyouthhub](https://www.instagram.com/rexdaleyouthhub)

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Rexdale Women's Centre is a
registered Canadian charity.
Charity Number 119118297 RR0001

